

HELP US...

CLANG

Our team is:

We are taking part in CLANG with Jigsaw. Jigsaw understand how mental health can affect a young person's life. They offer young people support both online and in their services around the country. You can find out more about CLANG and how you can support us by visiting our fundraising page at:

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...with Jigsaw?

[Jigsaw.ie/clang](https://jigsaw.ie/clang)