

Let's get organised

When we are about to experience a time of change or uncertainty, it can help us to feel prepared and organised. Practising new skills can help increase our confidence.

Read some of our suggestions below and select what might work for you

Tick the box

Over the Summer..	I do this already	I could try this..
I could pack my own bag when going training, staying in a friend's house.		
I will plan with someone at home how I will get to my new school.		
I will find out what books and supplies I need and help get these ready over Summer.		
The night before school..		
I will get my uniform ready for the morning.		
I will pack my own schoolbag with the books and supplies I need.		
I will prepare my lunch for the next day.		
During school..		
I will create a timetable with details of all of my classes, the classroom and teacher.		
I will write my homework down in my journal for each class.		
I will have different notebooks for each subjects to write my notes.		