

JOB TITLE: **Senior Jigsaw Clinician**
(Social Workers, Mental Health Nurses, Clinical/Counselling/Educational Psychologists, Psychotherapists and Occupational Therapists)

BASE: **Various**

RESPONSIBLE TO: Clinical Manager & Service Manager

CONTRACT TYPE: **Various**

POSITION SUMMARY:

Senior Jigsaw Clinicians offer short-term therapeutic supports to young people aged 12-25 years who are experiencing mild to moderate mental health difficulties. This usually involves 1:1 work with the young person and sometimes it can include other family members as well. Our senior clinicians come from diverse professional backgrounds encompassing qualifications in social work, occupational therapy, mental health nursing, clinical/counselling/educational psychology, and psychotherapy, and they work as part of transdisciplinary teams based at one of our 15 services across the country.

All of our clinicians share the same scope of practice to support the goals of our young people in a collaborative, respectful, and evidence-informed manner while drawing on their own unique training, experience, and skills. As senior members of the clinical team, Senior Jigsaw Clinicians assume leadership responsibilities, as appropriate, and work closely with the Clinical Manager in ensuring safe, effective, high quality service provision. Additionally, senior clinicians are involved in health promotion, youth engagement, service development, and advocacy. All of our senior clinicians benefit from frequent and supportive clinical supervision alongside a comprehensive programme of continuing professional development.

WHO WE ARE:

We are Jigsaw, the National Centre for Youth Mental Health. Formerly known as Headstrong. Established in 2006 and to this day, we remain committed to leading a nationwide transformation in the area of youth mental health. By joining the Jigsaw Team, you will help us to create an Ireland where every young person's mental health is valued and supported.

In Jigsaw, we believe in intervening early with mental health difficulties, offering a therapeutic service to young people at primary care level. Our network of Jigsaw services provide young people aged 12-25 with a place, or a digital space, they can visit for free and receive confidential support from mental health professionals. In addition to the provision of a brief therapeutic service (up to 8 sessions), we also advocate for a holistic and integrated view of the individual person which is inextricable from the contexts of their lives. To that end, we aim to better inform, support, educate and empower communities, enabling a better understanding of our collective responsibility in supporting young people's mental health. Our youth mental health promotion work seeks to enhance community engagement and increase knowledge and understanding in relation to youth mental health.

Youth voice is also central to our work in Jigsaw. We believe that service user engagement and wider youth participation is about involving young people, listening to them and giving them a voice in how our services and supports are planned, designed, implemented and evaluated.

PRIMARY RESPONSIBILITIES:

- To undertake initial mental health assessments with young people focusing on both strengths and difficulties.
- To provide evidence informed brief, therapeutic interventions to young people.
- To conduct risk assessments and implement risk management plans as appropriate.
- To deputise for the Clinical Manager in their absence and/or as required.
- To provide clinical consultation/guidance and, where required, clinical supervision to Jigsaw Clinicians.
- To assume leadership responsibilities, as required, e.g. chair case management meetings, facilitate group supervision, review and coordinate referrals, provide support and guidance to clinicians etc.
- To actively participate in clinical supervision and line management meetings.
- To work in accordance with Jigsaw Policies, Procedures and Guidelines.
- To participate in case management meetings, team meetings and other meetings as deemed necessary.
- To liaise and consult with other professionals in supporting the mental health of young people attending Jigsaw.
- To fulfil obligations as per the Children First Act 2015 and comply with the Jigsaw Child Protection and Welfare policy.
- To maintain accurate, confidential records of practice using the Jigsaw Data System and to cooperate with reporting requirements as per the Jigsaw Record Keeping Policy.
- To comply with responsibilities under the Data Protection Acts 1988, 2003 & 2018 (GDPR).
- To share information with the Jigsaw Clinical Manager, Service Manager, Jigsaw team and other stakeholders, as appropriate, in accordance with good practice.
- To contribute to research, audit and evaluation of the service as required.
- To maintain professional and personal boundaries.
- To engage in outreach work as required.
- To demonstrate an open and flexible attitude to work at all times.
- Additional responsibilities, reflective of the senior nature of this post, may be agreed by the Clinical Manager and Service Manager.

KNOWLEDGE, SKILLS AND EXPERIENCE REQUIRED

Essential criteria: Qualifications and Registration/Accreditation.

It is essential that you meet one of the below:

- Doctorate or equivalent in Clinical/Counselling/Educational Psychology. Candidates qualified overseas must provide evidence of validation by the Department of Health at the time of application.
- Mental Health Nurse registered with An Bord Altranais.
- Social Worker registered with CORU.
- Occupational Therapist registered with CORU.
- Psychotherapist accredited by the Irish Council for Psychotherapy(ICP), the Irish Association for Counselling and Psychotherapy (IACP), The National Association for Professional Counselling & Psychotherapy (NAPCP) or the Association of Professional Counsellors and Psychotherapists (APCP).

Essential criteria: Experience

- A minimum of three years' full time, or equivalent, post qualification/accreditation experience* working in health and social care, therapeutic or related organisational settings to support people with their mental health needs.
**For psychologists, a minimum of one year of this experience must be spent in post qualification experience as professional psychologist.*
- Experience of applying core therapeutic mental health skills; assessment (including risk assessment), formulation, providing evidence informed therapeutic interventions and evaluation.

Desirable criteria:

- Experience working therapeutically with young people aged 12-25 years.
- Experience of /training in delivering evidence informed mental health interventions, e.g. brief solution focused therapy, cognitive behaviour therapy, acceptance and commitment therapy etc.
- Experience of providing clinical supervision / support to professionals/ students.
- Experience of working in a leadership role or assuming leadership for specific projects /responsibilities.
- Strong communication and interpersonal skills.
- Ability to reflect on practice in order to facilitate personal learning, professional development and service improvement.
- Effective presentation and facilitation skills including the ability to present information in a clear and concise manner.
- Strong time management skills.
- An ability to manage a busy workload and prioritise competing demands.
- Capacity to work co-operatively as part of a team.
- Competent in MS office, Office 365, Microsoft Teams and Zoom.

Salary commensurate with qualifications and experience. Factors taken into account in determining an appropriate scale include the candidate's knowledge, skills, experience and qualifications relevant to the job.

The salary range for this role will be **€46,000 - €62,000**.

Jigsaw operates the following benefits for its employees:

- Defined contribution pension scheme.
- Annual leave 25 days, exclusive of public holidays and 1.5 company days.
- Comprehensive annual CPD schedule
- Discounted Group Health Insurance Scheme
- Travel pass Scheme/ Bike to Work Scheme
- Financial support for further education
- Flexible working.

Please note

- Application is by online application form only & CVs will not be accepted. Please complete all fields of the application form. **Incomplete application forms will not be considered.**
- Your base site will be within our allocated service hubs, however due to the ongoing coronavirus pandemic. We're evolving our working practices to ensure we keep you and our teams safe. This will

involve new ways of working using online platforms such as Zoom and MS Teams to conduct your duties and responsibilities. At various times during the course of your employment, there may be a requirement to spend some of your time working from home. This will be discussed and communicated with all staff as required, in a timely way. Jigsaw has clear protocols in place to support office working and working from home and has evolved its work practices to ensure you can perform your role safely and securely.

- The above Job Description is not intended to be a comprehensive list of all duties involved and consequently, the post holder may be required to perform other duties as appropriate to the post which may be assigned to him/her from time to time and to contribute to the development of the post while in office.
- For applicants who gained their qualification/s outside of the Republic of Ireland, evidence must be provided at the time of application that their qualification/s have been validated by the Irish Department of Health.
- This role will, in line with service opening times, will involve at least one late evening per week and may from time to time require weekend work.
- All Jigsaw staff members are required to obtain Garda clearance as a condition of their initial and continued employment.
- Jigsaw is an Equal Opportunities Employer.
- All documentation received by Jigsaw will be processed in accordance with the Data Protection Acts, 1988 and 2003 *General Data Protection Regulation (GDPR; 2018)*. The information will only be used by Jigsaw in the processing of job applications and for ongoing administrative purposes with job candidates.