School Staff Webinars - click your choice of date to register for the session



Supporting students' wellbeing during the transition from primary to post-primary school (with guestspeaker from TESS)

<u>Sept 2nd</u> <u>7:30pm</u> <u>Sept 3rd</u> 4:30pm Body image and eating related difficulties: Strategies for school staff to support students

Nov 27th 4:30pm Dec 3rd 7:30pm

Embracing Diversity: Supporting Minoritised Students and Building Belonging in Schools (in collaboration with NEPS)

<u>Dec 1st</u> 4:30pm

Jan 14th 7:30pm Maximising student voice for mental health and wellbeing in schools - for all school staff

Jan 20th 4:30pm

Jan 21st 7:30pm

Social media and student mental health: Strategies for supporting students to have healthy relationships with social media

Feb 23rd 4:30pm

Feb 24th 7:30pm Supporting the Wellbeing Needs of Neurodivergent Students

March 2026 TBC

Self-compassion as a strategy for selfcare for school staff (with input from Spectrum Life)

April 2026 TBC