

School Staff Webinars -

click your choice of date to register for the session

Supporting students' wellbeing during the transition from primary to post-primary school (with guestspeaker from TESS)

[Sept 2nd](#)
[7:30pm](#)

[Sept 3rd](#)
[4:30pm](#)

Body image and eating related difficulties: Strategies for school staff to support students

[Nov 27th](#)
[4:30pm](#)

[Dec 3rd](#)
[7:30pm](#)

Embracing Diversity: Supporting Minoritised Students and Building Belonging in Schools (in collaboration with NEPS)

[Dec 1st](#)
[4:30pm](#)

[Jan 14th](#)
[7:30pm](#)

Maximising student voice for mental health and wellbeing in schools - for all school staff

[Jan 20th](#)
[4:30pm](#)

[Jan 21st](#)
[7:30pm](#)

Social media and student mental health: Strategies for supporting students to have healthy relationships with social media

[Feb 23rd](#)
[4:30pm](#)

[Feb 24th](#)
[7:30pm](#)

Supporting the Wellbeing Needs of Neurodivergent Students

March 2026
TBC

Self-compassion as a strategy for self-care for school staff (with input from Spectrum Life)

[Apr 15th](#)
[4:30pm](#)

[Apr 29th](#)
[7:30pm](#)