

School Staff Webinars - click your choice of date to register for the session

Supporting students' wellbeing during the transition from primary to post-primary school (with guestspeaker from TESS)

Sept 2nd
7:30pm

Sept 3rd
4:30pm

Body image and eating related difficulties:
Strategies for school staff to support students

Nov 27th
4:30pm

Dec 3rd
7:30pm

Embracing Diversity: Supporting Minoritised Students and Building Belonging in Schools (in collaboration with NEPS)

Dec 1st
4:30pm

Jan 14th
7:30pm

Maximising student voice for mental health and wellbeing in schools - for all school staff

Jan 20th
4:30pm

Jan 21st
7:30pm

Social media and student mental health:
Strategies for supporting students to have healthy relationships with social media

Feb 23rd
4:30pm

Feb 24th
7:30pm

Supporting the Wellbeing Needs of Neurodivergent Students

March 2026
TBC

Self-compassion as a strategy for self-care for school staff (with input from Spectrum Life)

Apr 15th
4:30pm

Apr 29th
7:30pm